

2015-2016 Annual Report



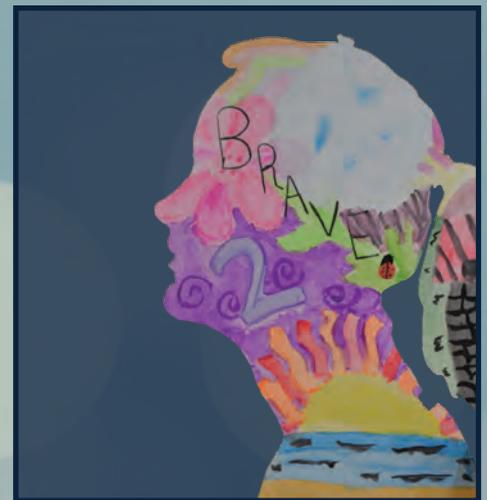
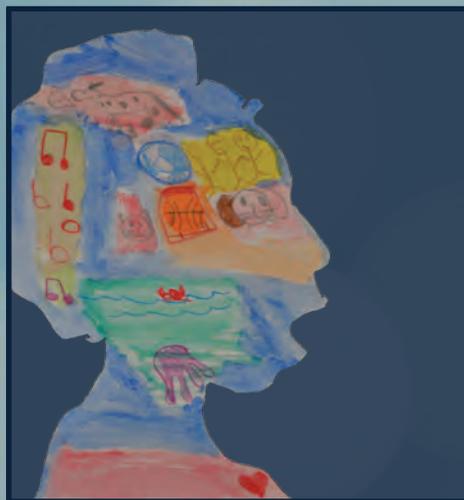
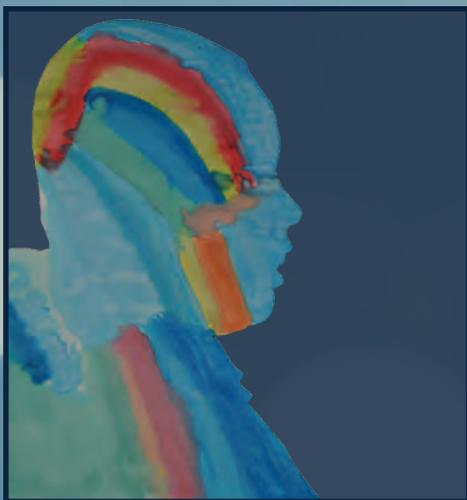
Why Does Jasper Mountain Believe in Residential Care?

When did residential care fall out of favor? The answer is that over a long history of orphanages, work houses, boarding schools and asylums for children who generally had nowhere else to go, such places were looked down upon with a few exceptions such as Father Flanagan's Boys Town and the Milton Hershey School. Orphanages either closed or turned into residential programs but not all made the adjustment to outstanding and innovative treatment centers for children. Some people simply do not believe that putting troubled children together is a good idea because the results are seldom positive. However in the view of many



A dogwood in full spring bloom, one of the many types of beauty in nature at the JMC campus.

experts Jasper Mountain represents the best version of how residential care can play a much needed role in our mental health system. There are many reasons Jasper Mountain believes an integrated and holistic treatment environment can be the optimum placement for some young people, but the top reason is the level of success we see in the children. When every aspect of the environment supports the child, extinguishes negative behavior, gives the child a new sense of self and promotes positive brain change, then the results are the strongest support for residential treatment, all of which our data reflects. When many states have moved away from residential care, soon after this move they experience a crisis of what to do with very difficult children who cannot be helped by outpatient counseling alone. Jasper Mountain continues to believe in residential treatment as the best answer to help children for whom all less intensive treatment has failed.



Watercolor self-portraits done by JMC residents. The childrens' objective was to show-case who they are through the classroom project.

International Guests



In June, the Training Institute welcomed guests Rob and Beth Kampen from Tauranga, New Zealand.

We are very familiar with having guests at Jasper Mountain even those who have accents that sound like they have come from far away, because often they have. Over the years we have hosted many visitors who come for an afternoon tour, but most come for our 3-5 day Training Institute. Among our guests from multiple countries, this year we hosted an organization from Australia for the second time to help them design a “Jasper like” program between Sydney and Brisbane. After a long planning stage the program opened in mid-2016. After participants in the Training Institute return home we offer to stay in contact and help in any way we can, and all our guests take advantage of our offer. Currently there is a program in Scotland and another in Perth, Australia that we are consulting with to help them be successful with traumatized children in their care. Although there are many differences with cultures and practices around the world, one thing is the same everywhere-- traumatized children have the same needs, their brains react in the same way to abuse and threats, and they need knowledgeable help to heal and move forward in life in a positive and optimistic way. Since all children are our children, Jasper Mountain will help those who want to instill hope and healing for children regardless of the country or culture.

Jasper Mountain School

Jasper Mountain is not only a treatment program, it is also a specialized school. With two sites on our two campuses, our school is a unique hybrid of a private specialized academic program while being supported by public funds. The school started 27 years ago and was the first of its kind in Oregon to fully integrate psychiatric residential treatment with special education services all designed for young traumatized children. Our school has eight classrooms and serves 80 children from both our residential centers as well as day students from 16 school districts in Oregon. The School is a testing ground for innovative ways to help children experience learning as fun and exciting. Our goal is to instill not only academic skills but also an interest in life-long learning. Student progress is closely monitored for academic as well as behavioral improvement. At a statewide meeting our school was recently complimented as having the most sophisticated outcome measurement system in Oregon.



Artwork by children at SAFE Center's school on display to greet visitors.

Staff Longevity

One element of success in a treatment program is an understanding and implementation of the organization's approach and philosophy on the part of all staff. It helps to have continuity of key staff with many years of experience. Jasper Mountain is fortunate to have an abundance of staff longevity. The following staff have 10+ years of employment with us: Bennett Farmer, Tiffany Littlebury, Misti McCrank, Marta Prato, Coty Richardson, Scott Smith, Yukio Tomooka. The following staff have more than 15 years of employment: Ryan Adams, Sue Baker, Melanie Bernabe, Victor DiMino, Beau Garner, Dave Rooney, Eden Huston, Linda Leckington, Chelsea Murkley, Kristi Slaughter, Cory Taylor, Karla Thomsen and Chris Turner. These staff have more than 20 years with us: Andy Tyler 20, Julie Williamson 20, Jeff Huston 20, Terri Jones 20, Mary Gross 22, Erin Littlebury 22, Kelli Stonelake 24, and Kiva Michels 24 years. Four staff have even more longevity with Janet Gielow 25 years, and finally the organization founders Judy Littlebury, Dave and Joyce Ziegler all with 35 years. Our organization

values our staff who have chosen to spend a major part of their careers with Jasper Mountain and this is an important reason why the program is effective.



20 - Left to right, Erin Littlebury, Terri Jones, Julie Williamson, Kelli Stonelake, Jeff Huston, Kiva Michels. Not pictured, Mary Gross and Andy Tyler. 10 - Left to right, Tiffany Littlebury, Misti McCrank, Marta Prato. Not pictured, Coty Richardson and Scott Smith. 15 (to the left) - left to right, Dave Rooney, Chris Turner, Victor DiMino, Linda Leckington, Beau Garner. 15 (above) - left to right, Chelsea Murkley, Eden Huston, Karla Thomsen, Ryan Adams, Sue Baker, Melanie Bernabe, Cory Taylor and Kristi Slaughter. 25 - left to right, Joyce Ziegler, Dave Ziegler, Janet Gielow and Judy Littlebury.

The Children's Courtyard

A Dream Becomes A Reality

After years of work raising the necessary funds and many months of planning and construction, the long awaited Children's Courtyard was completed, dedicated and most importantly put into use by the children this past year. The Courtyard is a part of our recreation facilities and includes monkey bars, climbing wall, balance beam, and other structures for physical exercise along with a stone amphitheater classroom, basalt columns and an art wall that doubles as a court for a newly invented game known as "Jasper Curve Ball." This space is therefore a combination of play and learning but all in a way that is fun and interesting to children.



Children on recess being led in a game of "Jasper Curve Ball" by Greg Ahlijian.

The Courtyard is used daily for recess at school as well as activities on non-school days. The idea, plan and funding were all provided by Greg Ahlijian who is Jasper Mountain's top volunteer over the last decade. The funding all came from Greg's book *The Large Rock and the Little Yew* that has over \$110,000 in sales, with every penny enabling the Courtyard to go from a dream to a reality.

Remodeling the Castle

A frequent comment made by former residents when asked about their stay at Jasper Mountain is, "I got to live in a Castle and it was cool!" Since the Children's Castle was completed at Jasper Mountain 25 years ago it has been home to hundreds of children. While the building has held up well, it is time for a major update. Plans have been made to paint, repair, remodel and replace carpets and cabinets. The cost of the remodel will actually exceed the initial cost of the structure. Our architect is busy building in more themes of a castle along with upgrades both inside and outside the building. With this upgrade we expect another 25 years of providing some special children a unique place to live and learn. After all, how many children get to call a Castle their home?



A rendering by our architect illustrating some of the options being considered for the Castle remodel.

Aerobic Exercise = A Healthy Brain

Consistent research has confirmed that brain health can be optimized with three main strategies: 1) Most important is aerobic exercise, 2) Focused attention and awareness such as meditation, 3) Giving the brain a new and unique challenge such as learning a foreign language. Jasper Mountain uses strategies to enhance all three but puts a major focus on the issue that provides the greatest benefits—aerobic exercise. Every day at Jasper Mountain the children are involved in activities that raise their heart rate as well as increase oxygen intake for sustained periods, otherwise known as aerobic exercise. Advantages of including such activity in a mental health treatment program are: coordination, endurance, weight loss, confidence, empowerment, improved physical performance, improved sleep, and often a reduced need for medication, among many other benefits. However one of the key benefits of aerobic exercise at Jasper Mountain (such as the running program where residents ran a combined 3,000 miles this last year) is to improve brain health. Research shows that aerobic exercise improves: memory, new growth of neurons, neuron density, improved brain connections and improved cognitive functioning, all of which can directly improve brain health. For all these reasons, aerobic exercise is ideally suited for mental health treatment programs as well as healthy lifestyles for all ages.



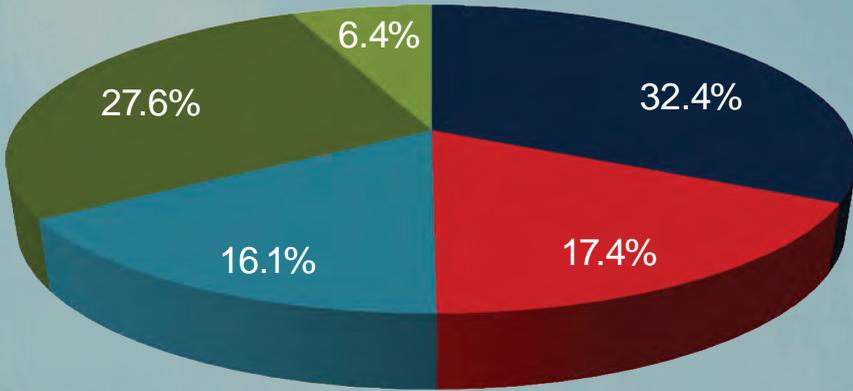
Left, a child playing soccer during the program's Summer Olympics. Above, a staff member jogs alongside a child during running program.

Consumer Satisfaction

Many treatment programs can look good on a website or even in person but one important question in determining program effectiveness is consumer satisfaction. Rating treatment programs is much more complicated, however, than rating a business, a restaurant or a movie, because good treatment can be difficult, challenging and the process of growth is not always enjoyable. So despite the fact that treatment is often hard work, it is still useful to know how consumers feel primarily about the outcome of the process. This is yet another indicator of Jasper Mountain's value to consumers. Over the last year the results of over 100 written responses are impressive: 96% were positive, 3% were neutral and 1% was negative. All our programs were rated highly with consumer ratings from 4.3 to 4.9 out of a possible high score of 5. We also separate the feedback by source, since we have multiple consumers. Parents rated the service high but child advocates, caseworkers and funding sources rated the programs even higher than parents. It is not easy to help a child heal and improve his or her behavior and please all the adults involved in the case, but when this happens the results are positive for everyone involved.

Expenses for 2015-2016

Total Expenses: \$5,881,681

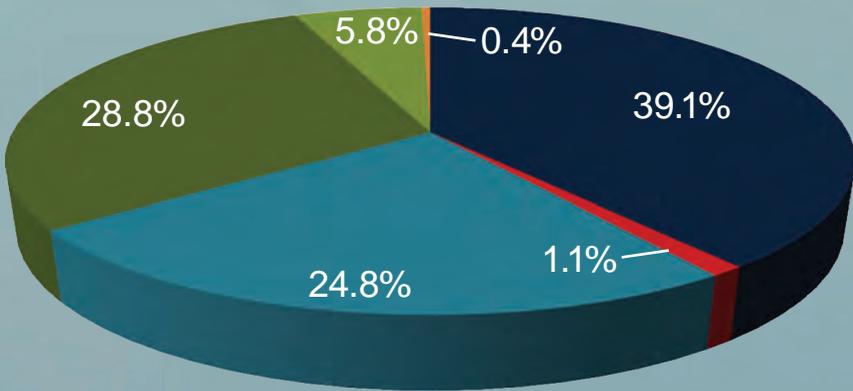


Expenses for 2015-2016

JMC	\$1,905,460
Admin.	\$1,024,125
School	\$949,644
SAFE	\$1,624,506
CBS	\$377,946

Revenue for 2015-2016

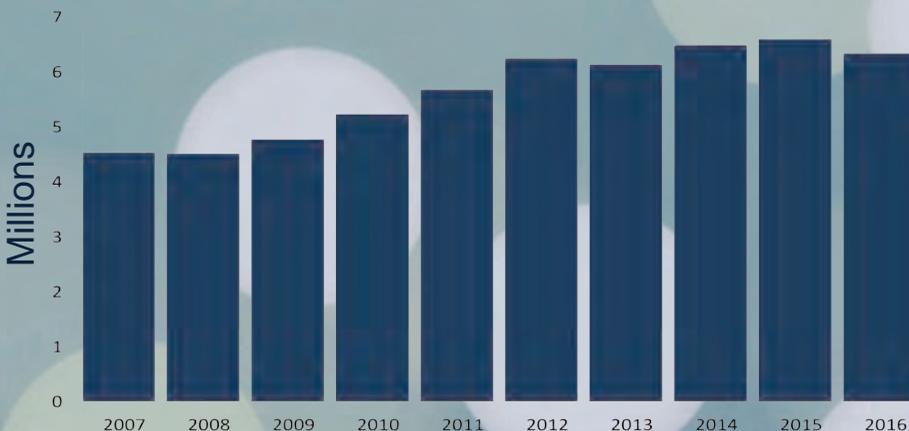
Total Revenue: \$6,379,570



Revenue for 2015-2016

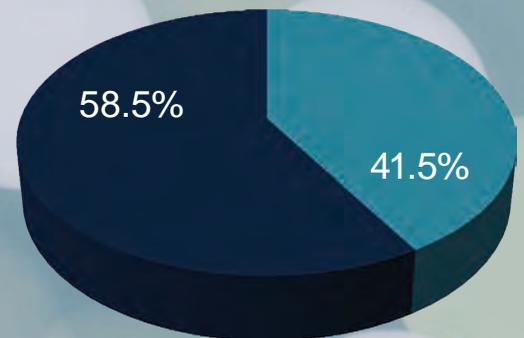
JMC	\$2,495,067
Contrib.	\$73,149
School	\$1,579,148
SAFE	\$1,838,838
CBS	\$370,323
Other	\$23,045

Budget Comparison 2007-2016



Year End Total Assets

Total: \$9,527,060



Current Assets	\$5,568,863
Fixed Assets	\$3,958,197

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Rob Morris, President
Community Member

Steve Cole, Vice President
Forrest Paint Company, Retired

Gene Heinle, Secretary
Springfield School District,
Retired

Gary Buss, Co-Treasurer
Weyerhaeuser Company,
Retired

Cathy Ouellette, Co-Treasurer
Attorney

Parke Blundon
Wells Fargo Private Bank

Charles S. Davis
Springfield Utility Board, Retired

Dr. Debra Eisert
University of Oregon, Oregon
Health Sciences University

Nathan Lichvarcik, J.D.
U.S. Department of Justice

Barbara Lucas
Community Member

Randy Nawalaniec
City of Springfield

Njideka Nnamani
Uptake Analytics

Management Team

Dave Ziegler, Ph.D.
Executive Director

Judy Littlebury
Co-Founder/Consultant

Jeff Huston, M.S., L.P.C.
SAFE Director

Chris Dykema, C.P.A., M.B.A.
Chief Financial Officer

Kiva Michels, L.C.S.W.
Clinical Supervisor

Janet Gielow, M.A.
Business Manager

Beau Garner, M.Ed., L.M.F.T.
Assistant Executive Manager

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Staff at JMC celebrated "Red Nose Day" 2016.

Website

www.jaspermountain.org

